

HARRISBURG, Pennsylvania (February 4, 2018) —Cancer treatments not only take a toll on a person's body, but also can impact a patient's dental health. In honor of World Cancer Day on February 4, United Concordia Dental has some [tips to maintain oral health](#) while being treated for cancer.

"Oral health side effects can be caused by chemotherapy, radiation, pain medications and other prescriptions used to combat cancer," said Quinn Dufurrena, D.D.S., J.D., chief dental officer, United Concordia Dental. "It is our hope that these tips will help provide a little relief to those fighting this terrible disease."

United Concordia's tips address the concerns cancer survivors have regarding:

- Avoiding sugar and acids
- Adjusting eating habits
- Building healthy bones, healthy teeth
- Staying hydrated
- Maintaining a moist mouth
- Optimizing oral hygiene
- Reducing pain
- Minimizing nausea
- Making mouth rinse

Worldwide cases of cancer are predicted to reach 21.7 million by 2030. Thanks to the many advances in treatment, more people are surviving cancer than ever before. According to the National Cancer Institute, nearly 14.5 million cancer survivors lived in the U.S. in 2014, and that number is expected to grow to nearly 19 million by 2024.

For more information about United Concordia's oral wellness initiatives, visit United Concordia's [website](#).

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